



## WINMALEE HIGH SCHOOL

High School Drive Winmalee NSW 2777

T 02 4754 2822 E [winmalee-h.school@det.nsw.edu.au](mailto:winmalee-h.school@det.nsw.edu.au)

[winmalee-h.schools.nsw.gov.au](http://winmalee-h.schools.nsw.gov.au) f Winmalee High School - Official

### Term 1 Week 2 Communication – Friday 9 February 2024

Dear Parents and Carers,

Warami. The term is in full swing with a busy Week 2. Congratulations to Year 7 for their excellent participation in the Settling into High School program and for generally being a terrific presence in our school.

On Monday evening, Mrs Sheehy, Mrs Clifford, Mr McGown and Ms Facas attended the 2024 HSC Showcase Launch at the Roslyn Packer Theatre, Walsh Bay. **Jackson Fitzgerald, Max Jackson** and **Reginald Hewitt** were acknowledged for their excellence in the 2023 HSC (Ryan Taylor and Zak Harrison were unable to attend). We were proud to see them acknowledged with the best in the state. Jackson was one of three students in NSW to be nominated for Music and Drama, and he was also featured artist at Schools Spec – we think that has made history for Winmalee High School!

*To the right, Max, Reggie and Jackson are pictured with Emcee of the event, and actor Carlos Santos Jnr.*



**Swimming Carnival** – Congratulations to all competitors and thank you to all students who attended the day. Year 12 maintained the important tradition of fancy dress for the day. They looked amazing, and we thank them for getting into the spirit of the day. Thank you to Mr Meyers and the team for organising the day and making this whole school event a success. We will share results of the day next week.

Thank you also to Yvette for being our official photographer for the day and capturing some great moments. To see photos of the day, see our [website album](#).



**Thursday Crochet Club** commences next Thursday in Room 3. No experience necessary and experienced crocheters are also welcome!

Crochet Club will be doing their Beanie Drive again this year. See the flyer included in this week's communication for more information.

Huge thanks to our Student Learning and Support Officers, Yvette and Karen for leading this program and inspiring the next generation of crocheters!



Congratulations to **Layla Sawyer** (Year 8) who has recently returned from England and France after participating in the Wanderers Australia 2024 junior girls soccer/football tour.

The team had players from all over Australia and Layla played in both the U14s and U17s teams. It was a long wait as she received her invitation to the tour three years back when she was at Winmalee Public School.



Congratulation to **Amelia Peake** (Year 10) for her place as equal 1<sup>st</sup> in the 2023 15 years girls high jump at the NSW Combined High Schools Athletics Carnival. Last year at the event, Amelia graciously stepped back and allowed the other winner to take the medal as equal first. Mr Meyers made sure that her well deserved medal was sent to the school. The school was able to publicly congratulate Amelia at our assembly this week.

**Settling into High School** – starting high school can be overwhelming. There are so many new things to learn beyond the curriculum. We appreciate the courage and good spirit that Year 7 students demonstrated throughout, even when things may have been hard.

We would like to acknowledge the effort of the staff who led workshops, and especially Ms Doyle for coordinating the whole program. Thank you also to our Year 10 peer support leaders for giving up their time to support the workshops and activities.







Year 10 and Year 11 Student Assessment Handbooks have been distributed to students and are available on the Sentral Parent Portal and [school website](#).

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**Year 7 2025 EXPO Day** – Our Year 7 Expo Day will be held on Monday 26 February, and our parent information evening will be held on Wednesday evening on 28 February. All welcome. A flyer with more details is included at the end of this Communication.

### RIOT – Resilience in Our Teens

#### Fast Fact:

Over two-thirds of anxiety is learned (Creswell et al, 2017).

#### Victim or Victor?

One of the foundational ideas that underpins the RIOT Project is understanding how an individual's locus of control (LOC) influences their thoughts and behaviours. If someone has an internal locus of control they believe that 'the future is controlled by me'; whereas those with an external locus of control feel that 'the future is controlled by others, luck or chance'. According to research, "an internal locus of control contributes to positive youth outcomes such as a general well-being and academic success", while an external orientation often leads to feelings of victimhood and a lack of agency or control. Significantly, it is estimated that approximately 80% of teenagers tend towards an external locus of control but the good news is that LOC can be shifted. One of the most prominent influences on teenagers' locus of control is their relationship with significant adults, including parents, extended family, community members and teachers. Which is why our partnership with you in fostering resilience and self-regulation in our teens is so crucial. For further information about what influences an individual's locus of control, please read the attached article.



#### This Week:

We introduced the project to our students during this week's assembly, emphasising our focus on developing their resilience and ability to respond positively to age appropriate, real-life challenges.

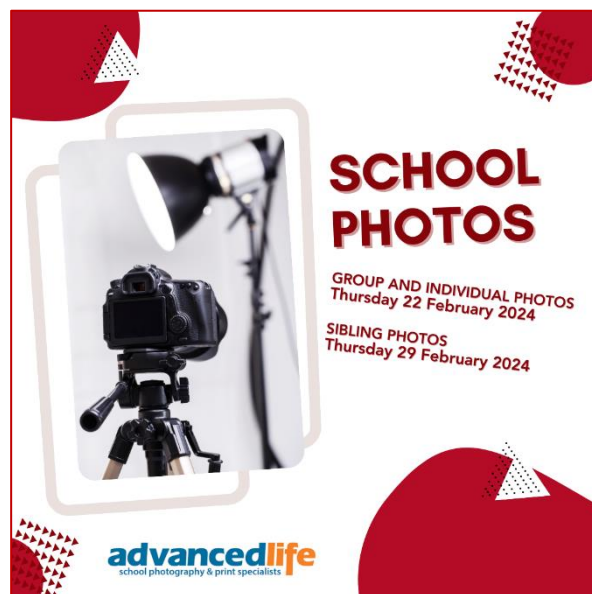
Year 7 began their RIOT training as they engaged in the Settling into High School Program. This week they focused on understanding what anxiety

actually is and how to identify it. We will be rolling out lessons to Years 8-10 in the coming weeks.

**TAFE, YES program** – Retro Gaming – there is an opportunity for students 15-17 years to participate in a 6 week Retro Gaming program at Wentworth Falls TAFE. There is a short turn around for expressions of interest, so if you think your child may be interested, please see the flyer attached and email the school at [winmalee-h.school@det.nsw.edu.au](mailto:winmalee-h.school@det.nsw.edu.au) to express interest by Monday 12.2.24.

Have a lovely weekend.

Best wishes,  
Winmalee High School





# Crochet Club Beanie Drive

Meeting every Thursday Lunchtime, Room 3

**We are currently taking donations for  
handmade beanies, gloves, scarves  
(or wool) that are  
crocheted (or knitted) with love.  
We will deliver items to the Penrith  
Community Kitchen in Term 2.**



Yvette & Kazza organise the Crochet Club every Thursday at lunchtime in room 3.

No experience is necessary! We have everything you need to get you started. Experienced crocheters are also welcome to come and join our club.

We love sharing the knowledge about the art of crocheting.



Thursday\_crochet\_club





# Winmalee High School

## Year 7 2025 Student Expo Day & Family Information Evening

### Student Expo Day

Monday, 26 February 2024

10:00am - 12:30pm

- ☒ Students will participate in a range of activities - taster lessons, concert, tour of school etc
- ☒ Students from Winmalee PS will walk to/from Winmalee HS as a group
- ☒ Students from Ellison and Springwood PS will be transported to/from Winmalee HS by bus
- ☒ Students from other local schools who would like to attend should contact Winmalee HS via phone or email to reserve a place.

### Family Information Evening

Wednesday, 28 February 2024

Winmalee HS Hall - 6:30pm

- ☒ Families are invited to attend an information evening and take the opportunity to meet staff, join a tour of the school, ask questions and seek further information about enrolment.



For further information please contact the school office:  
Phone: 4754 2822 / Email: [winmalee-h.school@det.nsw.edu.au](mailto:winmalee-h.school@det.nsw.edu.au)

# YES Program - Retro Game Programming

Term 1, 2024: **Tuesday 27 February – 2<sup>nd</sup> April 2024**

Classes held @ TAFE NSW – Wentworth Falls Campus



You know the games. No doubt you have played them. Why not make them your own? Join our cool Retro Game Programming course and let's dive into the world of game development using HTML, CSS, and JavaScript!

## What's on the Menu:

- **Bring Back the Classics:** Ever wanted to recreate Pacman, Asteroids, and Space Invaders? We'll help you do just that and throw in some cool twists!
- **Web Wizardry:** Learn the ropes of HTML, CSS, and JavaScript, the magic combo for crafting web-based games.
- **Play in Your Browser:** Create games that work right in your browser. We'll use HTML and CSS to cook up game websites, and JavaScript will give them that extra spice with awesome graphics and interactivity.
- **JavaScript Awesomeness:** Get to know JavaScript, the superstar language behind most web pages. It's not just for games; it can do all sorts of things!
- **Skills for Life:** The skills you pick up here are not just for fun. They're in demand in the web programming world, opening doors to awesome opportunities.
- **Create, Customize, and Shine:** Unleash your inner game designer and take pride in building games your way.

## Course Sneak Peek:

- **Week 1:** HTML and CSS Basics, Introduction to JavaScript
- **Week 2:** JavaScript graphics and animation. Pong Game
- **Week 3:** Space Invaders
- **Week 4:** Space Invaders
- **Week 5:** Asteroids
- **Week 6:** Pac-Man