



Important information for parents of children who do not already carry their own medication for anaphylaxis or asthma

## Dear Parent/Carer

We are strongly committed to the health, safety and wellbeing of our students at this school. This is best achieved when we keep you informed and work in partnership with both you and, where possible, your children.

For asthma and anaphylaxis it is important for students to have immediate access to their medication.

Age and developmentally appropriate high school students should carry their own adrenaline autoinjector or asthma reliever medication on them while at school. This is **in addition** to the medication held by the school.

The school still needs you to provide at least one additional adrenaline autoinjector and/or asthma reliever medication for your child in case we need it in an emergency. This could happen, for example, if your child doesn't have theirs with them at school when it is needed. We will store it in a central location in the school and use it to help your child if needed.

Please seriously consider whether your son or daughter should carry their adrenaline autoinjectors or asthma reliever medication with them to school. I know that not every student will be ready to do this now. If you have any doubts or concerns about this, talk to your child's doctor.

The school needs to know that your child carries their own medication. This will be important in the event of an emergency. If you would like to request your child to carry their own adrenaline autoinjector or asthma reliever medication to, and at school please complete the request for permission to carry own auto-injector or asthma reliever medication form and return it to the school.

Students who carry their own adrenaline autoinjector or asthma reliever to, and at school should be reminded regularly to:

- carry their adrenaline autoinjector or asthma reliever medication with them to, and at school each day;
- keep a copy of their ASCIA Action Plan for Anaphylaxis with their adrenaline autoinjector; and/or keep their Asthma Action plan with their reliever medication;
- know how and when this medication should be used;
- keep their medication with them, clearly labelled with their name in an easily accessible and identifiable spot and as agreed with the school. For example, some parents have bought pouches so their children can carry around their adrenaline autoinjector wherever they go;

- tell a teacher <u>immediately</u> if they start to feel unwell or sick at school. Please tell them this won't get them into trouble if they do this;
- tell you immediately if their medication is used, lost or misplaced or is nearing its expiration date; and
- carry their adrenaline autoinjector or asthma reliever medication with them on all school excursions, training at TAFE and any work experience or structured workplace learning your child is involved in.

The school will tell your child the same things.

If you have any questions in relation to this letter, please contact the school on (02) 4754 2822.

Yours sincerely

## **Voula Facas**

Principal

13 December 2023