

# Food and financial support in the mid mountains (Bullaburra - Winmalee)



We know that many are struggling with the rising cost of living. If you need food or financial support, these community organisations can assist.

Organisation	Phone	Support available	Location	Opening hours
<b>Local Services</b>				
Belong Blue Mountains (Lawson)	4759 2592	Free non-perishable pantry bags and fresh food.	Mid Mountains Neighbourhood Centre 9 New Street, Lawson	Times vary. Contact the centre for more information.
St Vincent de Paul		Vouchers for food, clothing (for Vinnies stores), medical prescriptions (Lawson and Hazelbrook pharmacies), and furniture.	Mid Mountains Neighbourhood Centre 9 New Street, Lawson	Thursdays 9.30am - 12pm
Springwood Neighbourhood Centre	4751 3033	Free non-perishable pantry bags. Free sanitary items and Dignity bags. Fresh bread and pastries (Thursdays only).	104 -108 Macquarie Road Springwood	Mon, Tues & Thurs 9.30am – 3pm Wed 9.30am – 12.30pm
Winmalee Neighbourhood Centre	4754 4050	Pantry items (Thursdays) – 10 items for \$10; 15 items for \$15. Fresh food and bread daily (if available). Free breakfast program at Winmalee Public School. Community Lunch at Springwood Baptist Church (Mondays, gold coin). Food, EAPA, fuel, firewood, Kmart vouchers, water advocacy, NILS, financial counselling and Work Development Orders. Disaster recovery financial support. Free hand knits for children/babies.	62 White Cross Road, Winmalee	Mon - Thurs 8.30am - 4pm (call to book an appointment)  Community Lunch: Mondays at Springwood Baptist Church 10.30am - 12.30pm
<b>Phone assistance and referral services</b>				
Christ Mission Possible	1300 HELP 2U OR 4704 8809	Free food shops and meals between Katoomba and Mount Drutt: <a href="http://cmp.org.au">cmp.org.au</a>	Multiple locations (see opening hours column and: <a href="http://cmp.org.au">cmp.org.au</a> )	28 Copeland Street, Kingswood: Mon - Fri 9am – 2.30pm  Bureau Park, North Katoomba OR Lighthouse Church 126 Victoria Street (wet weather): Wed 12 - 1pm
Penrith Vinnies Family Assistance Centre	8861 9770	Food vouchers, clothing vouchers (for Vinnies stores), medical prescription payments, furniture vouchers.	Phone assistance and referral service.	Mon - Fri 10am – 3pm
Anglicare Food and Financial Assistance	8624 8600	Non-perishable pantry bags (max 6 per year). Waiting List for other support available in person or via intake line. (Rent arrears, EAPA vouchers and other assistance considered.)	Phone assistance and referral service.	Mon - Fri 9am – 5pm Close for lunch 12.30 - 1.30pm
Salvation Army	8775 7988 (assistance) OR 0401 372 141 (financial counselling)	Eftpos cards, furniture, clothing and financial counselling.	Phone assistance and referral service.	Mon - Fri 9am – 5pm
Online support	<b>Ask Izzy website:</b> Directory of location-based services providing food, housing, financial support, health services, and other critical support: <a href="http://askizzy.org.au">askizzy.org.au</a> <b>Service NSW – Savings Finder:</b> The NSW Government provides a range of rebates and vouchers to assist in reducing the cost of living: <a href="http://service.nsw.gov.au/campaign/savings-finder">service.nsw.gov.au/campaign/savings-finder</a>			

EAPA = Energy Accounts Payment Assistance. NILS = No Interest Loans Scheme